

Select one size smaller!

Our slimming technology works so well we encourage you to order one size smaller than what you normally wear.

YOUR SIZE	2	4	6	8	10	12	14	16	18
NYDJ SIZE	0	2	4	6	8	10	12	14	16

DENIM/PANTS

SIZE	NATURAL WAIST	HIPS
00	25.0 - 25.9	34.0 - 34.9
0	26.0 - 26.9	35.0 - 35.9
2	27.0 - 27.9	36.0 - 36.9
4	28.0 - 28.9	37.0 - 37.9
6	29.0 - 29.9	38.0 - 38.9
8	30.0 - 30.9	39.0 - 39.9
10	31.0 - 31.9	40.0 - 40.9
12	32.0 - 33.4	41.0 - 42.4
14	33.5 - 34.9	42.5 - 43.9
16	35.0 - 36.9	44.0 - 45.9
18	37.0 - 39.0	46.0 - 48.0



Our exclusive Lift Tuck Technology® makes you look and feel a size smaller. Our patented criss-cross panel design flattens in the front, while lifting and smoothing in the back.