



## CLOTHING, INTIMATES & SWIM SIZING

⊗ CM   ⊙ INCHES

\*Measurements in this chart are body measurements.

This size guide should be used to ensure your buying the correct size in a OneTeaspoon piece the way we design it. At OneTeaspoon we design our collections to have a slouchy effortless feel. This is what we're known for and who we are. However, we understand that we all can't be the same so if you prefer your fits to be more snug, then just keep the above in mind when purchasing and size down.

Universal	USA	Bust	Waist	Drop Waist	Hip (widest part)	Height
XXS	00	83	59	78	93	160-180
XS	0	85.5	61.5	80.5	95.5	
S	2-4	88	64	83	98	
M	6-8	93	69	88	103	
L	8-10	98	74	93	108	
XL	10-12	103	79	98	113	

### How to measure

**Bust:** Measure under your arms at the biggest part of your bust. Make sure the tape goes over your shoulder blades. Measure with your favorite Bra or Bodice on as this can make a difference.

**Waist:** We generally don't have much that you will need to measure your waist for Measure around the narrowest part of your waistline. Don't tighten it.

**Hips:** Stand with your heels together and wrap the tape around the biggest area of your hips. Ensure the tape is parallel with the floor the whole way around. Girls can vary here so if you find your hip measurement is a size up from your waist, purchase according to your waist size.

**Dress length:** Stand with your heels together. Place the tape from the top of your shoulders and measure down the length of your back and over your bum. If you can have someone else do it to get an accurate measurement.

Our Models unless otherwise stated in the product description wears a size Small. We don't clip or pin our garments when shooting. The way the model wears the garment is the way we like it to fit & feel.

**Models Size Small body measurements are:**

Bust: 88cm / 34.5"

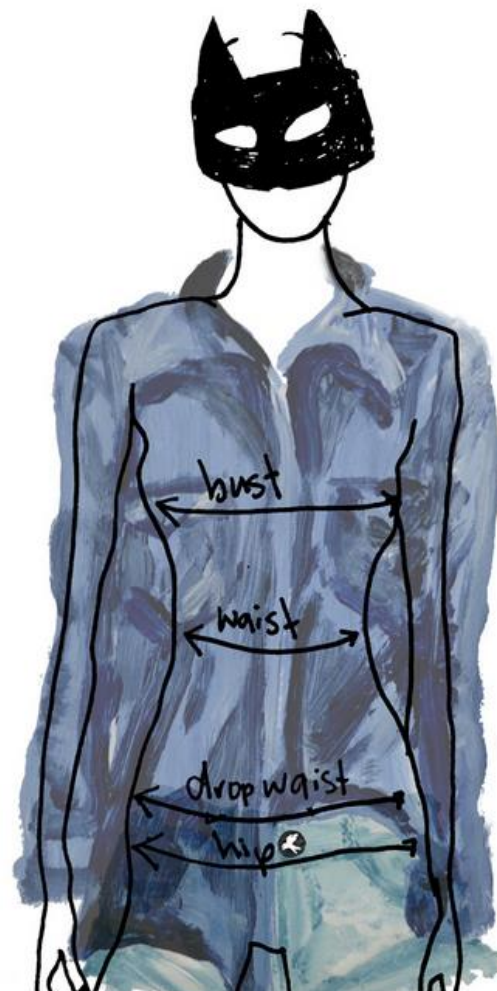
Waist: 64cm / 25"

High Hip: 83cm / 32.5"

Hip: 98cm / 38.5"

Height: 173cm / 5' 8"

Inside leg length: 88cm / 34.5"



## WOMAN DENIM SIZING

● CM ● INCHES

\*Measurements in this chart are body measurements.

This size guide should be used to ensure your buying the correct size in a OneTeaspoon piece the way we design it. At OneTeaspoon we design our collections to have a slouchy effortless feel. This is what we're known for and who we are. However, we understand that we all can't be the same so if you prefer your fits to be more snug, then just keep the above in mind when purchasing and size down.

Denim Size	Universal	USA	Waist	Drop Waist	Hip (widest part)	Height
22	XXS	00	57	76	91	160-180
23	XS	0	58.75	77.75	92.75	
24			60.5	79.5	94.5	
25			62.25	81.25	96.25	
26	S	2-4	64	83	98	
27			66.5	85.5	100.5	
28	M	6-8	69	88	103	
29			71.5	90.5	105.5	
30			74	93	108	
31	L	8-10	76.5	95.5	110.5	
32			79	98	113	
33	XL	10-12	81.5	100.5	115.5	

### How to measure

**Drop Waist:** This is the most important part of your body when purchasing a low-slung short or Jean. With nothing on, wrap the tape around exactly wear you like your jeans or shorts to sit. Don't pull tight. Just measure to how you like them to feel. From here you can determine what size low-slung jean or short you need to buy. See the Size Chart. Then it's just a matter of knowing if you want to buy a relaxed fit short or slouchy jean. You can sort by fit in the Denim Drop Down.

**Waist:** The waist circumference will only be needed if you're purchasing a high waist style. We're finding a lot of our customers enjoy purchasing our low riding jeans & shorts and sizing them down to achieve a high waisted fit. This can work in some cases but you need to be careful of the length of the back that our lil' ol' creases aren't exposed. It's not the best look. If you're looking for high waisted just search your style by High Waist. To measure correctly stand straight and wrap the tape around the narrowest part of your waist. Be firm about it. Most of our High Waist styles are on the actual waist not below.

**Hips:** If you're purchasing a low waist jean or short this measurement won't be relevant to you. You need only measure your 'drop waist' as above. You will only need the Hip measurement if you're considering our skinny fits. Stand with your feet together. No bum clenching and keep the tape firm and parallel to the floor. Make sure the tape is at your fullest part. Don't worry it's never as bad as what you think!



Footwear

☒ CM   ☐ INCHES

Length	USA
22	5.5
22.5	6
23	6.5
23.5	7
23.8	7.5
24.1	8
24.6	8.5
25.1	9
25.4	9.5
25.9	10
26.2	10.5
26.7	11

Rings

mm	Ring Sizes	
16	6	SM - MD
16.5	6.5	
17	7	
17.5	7.5	
18	8	MD - LG
18.5	8.5	
19	9	
19.5	9.5	
20	10	