

# WOMEN

## Bra Measurement Guide (Get Fitted)

**Underbust:** Measure around the body, directly below the bust. Below measurements are in centimetres.

**Overbust:** Measure across the fullest part of the breast. Below measurements are in centimetres.

| UNDERBUST (cm) |           |     |     |     |           | OVERBUST (cm) |         |         |         |         |         |         |         |         |         |         |         |
|----------------|-----------|-----|-----|-----|-----------|---------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| (cm)           | AU/<br>NZ | EU  | FRA | ITA | UK/<br>US | A             | B       | C       | D       | DD      | E       | F       | G       | GG      | H       | HH      | J       |
| 65-67          | 8         | 65  | 80  | 0   | 30        | 77-79         | 79-81   | 81-83   | 83-85   | 85-87   | 87-89   | 89-91   | 91-93   | 93-95   | 95-97   | 97-99   | 99-101  |
| 67-72          | 10        | 70  | 85  | 1   | 32        | 82-84         | 84-86   | 86-88   | 88-90   | 90-92   | 92-94   | 94-96   | 96-98   | 98-100  | 100-102 | 102-104 | 104-106 |
| 72-77          | 12        | 75  | 90  | 2   | 34        | 87-89         | 89-91   | 91-93   | 93-95   | 95-97   | 97-99   | 99-101  | 101-103 | 103-105 | 105-107 | 107-109 | 109-111 |
| 77-82          | 14        | 80  | 95  | 3   | 36        | 92-94         | 94-96   | 96-98   | 98-100  | 100-102 | 102-104 | 104-106 | 106-108 | 108-110 | 110-112 | 112-114 | 114-116 |
| 82-87          | 16        | 85  | 100 | 4   | 38        | 97-99         | 99-101  | 101-103 | 103-105 | 105-107 | 107-109 | 109-111 | 111-113 | 113-115 | 115-117 | 117-119 | 119-121 |
| 87-92          | 18        | 90  | 105 | 5   | 40        | 102-104       | 104-106 | 106-108 | 108-110 | 110-112 | 112-114 | 114-116 | 116-118 | 118-120 | 120-122 | 122-124 | 124-126 |
| 92-97          | 20        | 95  | 110 | 6   | 42        | 107-109       | 109-111 | 111-113 | 113-115 | 115-117 | 117-119 | 119-121 | 121-123 | 123-125 | 125-127 | 127-129 | 129-131 |
| 97-102         | 22        | 100 | 115 | 7   | 44        | 112-114       | 114-116 | 116-118 | 118-120 | 120-122 | 122-124 | 124-126 | 126-128 | 128-130 | 130-132 | 132-134 | 134-136 |

## Tops/Bottoms Measurement Guide (Fit Guide)

Find your correct size for the perfect fit using our sizing chart below. Various styles are noted in both centimetres and inches.

| SIZE              | XS      | S         | M         | L       | XL        |
|-------------------|---------|-----------|-----------|---------|-----------|
| Chest (cm)        | 78-82   | 83-87     | 88-92     | 93-97   | 98-102    |
| Walst (cm/Inches) | 71(24") | 73.5(26") | 77.5(28") | 81(30") | 86.5(32") |
| Hip (cm)          | 85-90   | 90-95     | 96-100    | 101-105 | 106-110   |

## Shapewear Measurement Guide

Find your correct size for the perfect fit using our sizing chart below.

| SIZE   | S  | M  | L  | XL | XXL |
|--------|----|----|----|----|-----|
| Sizing | 10 | 12 | 14 | 16 | 18  |

# MEN

## Tops/Bottoms Measurement Guide (Fit Guide)

Find your correct size for the perfect fit using our sizing chart below. Various styles are noted in both centimetres and inches.

| SIZE              | XS         | S          | M          | L          | XL         | XXL        |
|-------------------|------------|------------|------------|------------|------------|------------|
| Chest (cm)        | 87         | 92         | 97         | 102        | 107        | 112        |
| Walst (cm/Inches) | 71 / (28") | 76 / (30") | 81 / (32") | 86 / (34") | 91 / (36") | 96 / (38") |